Visiting German Students

The visiting group of 18 students and their two teachers from Springe, in Germany, are enjoying the hospitality of Albury High School and in particular that of their host families.

This is a reciprocal visit of the group from Otto-Hahn Gymnasium. The exchange is now in its 14th year and follows a very successful trip from our students to Germany during the 2014/2015 Christmas break. The next leg of the exchange is a planned return trip to Springe from our students in Albury during the 2016/2017 Christmas vacation.

The visit got off to a very successful start with a Welcome Barbecue held at Albury High School on Monday night. With over 100 people in attendance, host families and the teachers and students from Springe shared food, stories and some impromptu games to strengthen the ties that are quickly developing between them.

The following morning the two groups enjoyed a reception with the Albury mayor and a sumptuous taste of the town’s scones and cream. From all reports this was a very popular ‘taste of Australian cuisine’.

Further excursions over the next week will take the students to Beechworth, Bonegilla, Lake Hume, the Military Museum and Glenrowan. Together all students will have the opportunity to fully embrace the Australian experience. For both groups it is an invaluable opportunity to immerse themselves in a genuine language and cultural exchange.

Many thanks are extended to the Albury High School community, in particular the host families involved for opening their hearts and homes to our German guests. This is a very special exchange that gives extensive rewards to the whole school.

BYO Devices

Some parents have contacted me about what laptop to buy for their child. Whilst I cannot recommend any particular computer, the following sites may assist parents to find a laptop that suits their child’s requirements:


Year 8 will be receiving the documentation during guidance later this term re BYOD next year.

Mrs Michelle Armstrong
Computing

Mind Matters

For the third year running, Albury High School is hosting a Social Work student from La Trobe University to undertake a research program.

This year, Lisa Brister from La Trobe University is researching the effectiveness of Mind Matters module 4.5: ‘Understanding Friends and Peers’ with year 10 students.

Mind Matters is a national program that has been especially developed for secondary schools by Beyond blue. Module 4.5 is aimed at helping to improve student’s confidence and capacity to manage life’s ups and downs. In particular, recognising mental health warning signs and knowing where help can be accessed within the school and through community support services.

Lisa has worked with a group of students from the Wellbeing Group to prepare for the Mind Matters workshop and they will also provide peer support to the year 10 students during the workshops.

The Mind Matters workshop will take place on Tuesday afternoons from week 4 to 7 in the library.

Mrs Michelle Armstrong
Computing

Mr David Hobson
Head Teacher
Languages

Mr Damian Toohey
Deputy Principal Junior School
PRINCIPAL’S MESSAGE

Welcome to the students and staff from Springe Germany, who are visiting Australia as part of our exchange program. I would like to thank staff, parents and students for looking after our guests.

Thank you to the parents who completed the ‘Tell Them From Me’ survey. The results are being analysed and will form part of our evaluation of the school management plan.

While acknowledging the support we receive from the community and our families, I would like to thank those who attended our open evening AD ASTRA last week. This was a very successful show case displaying quality work and performances.

The cast and crew who performed in ‘The Importance of Being Ernest’ deserve a mention for their outstanding production.

The ‘Relay for Life’ team, which was organised by students, was well supported by all. Their efforts raised over $1000 for a very worthy cause. It’s great to see the strength of our community on display.

Mr Darryl Ward
Principal

TERM 4 ASSESSMENT AND REPORTING

Year 11 will be issued with their Preliminary HSC reports this Friday, unless there are unforeseen printing issues. The conclusion of this part of their HSC study program sees students take up the various extension courses available and many have chosen to further vary their program by changing Maths and English courses and move from 12 units of study to 10.

It is important that students develop a study pattern now, so that it becomes routine once timelines and deadlines are imposed on their daily workload. The common practice amongst year 12 students is to devote no less than 3 hours per school day and more when the occasion demands. Obviously in busy lives that involve sporting and work commitments the timing of study is critical. The school provides course planners at the back of the Assessment booklets and term planners from my office. Students are encouraged to use these.

Year 10 will have a formal examination week commencing on Monday 9th November where the venue used for the HSC examinations can be utilised. From mid November years 7-9 will be completing their Semester 2 exams and assessments, all in preparation for Semester 2 Reports which will be distributed at year’s end.

Study Tips:

1. To assist with time management, consider starting study sessions with finite tasks. i.e. Those tasks that have steps and cannot be reworked over and over again e.g. Calculation based questions.

2. Remove any distractions (such as radio or TV) when committing knowledge to memory. Any stimulus that consumes ‘brain space’ will decrease how much information can be absorbed in the brain, meaning that it will take you longer to learn a set amount of material!

Mr Andrew King
Deputy Principal Senior School

CAPA NEWS

VISUAL ARTS AT THE AD ASTRA EVENING

1. Abbey demonstrating how to throw a pot.
2. Chantelle demonstrating her throwing skills.
3. Artwork in the new gallery.
4. Silk screen print by Keira Croker year 8
5. Mr Allistair MacDonald officially opening Gallery 3
6. HSC Body of Work by Erin MacDonald
7. HSC Body of Work by Rhianna Spooner

Mrs Sharon McEachern
Visual Arts Teacher
STUDENT ACHIEVEMENTS

RIVER OF STORIES
This year our students entered the writing sections for prose and poetry in great numbers. The competition was a wonderful opportunity for students to demonstrate their skills and creative flair, and to add to their growth in English as a whole. Congratulations to all students who entered! The following receive our particular congratulations;

Years 7 and 8
Poetry:  Nivetha Pathmanathan and Rachel Gordon: over-all winners for all schools
Prose:  Jessica Hamilton: winner for AHS
Matthew Brownhill: encouragement award

Years 9 and 10
Poetry:  Ephraim Zilberman, Oscar Little and Shania Jones: winners for AHS
Prose:  Corbin Reid: winner for AHS
Imana Dominguez: encouragement award

The River of Stories completes the local writing competitions for 2016 which saw our students achieve success in the Write Around the Murray Nano Stories, The Postcard competition and both prose and poetry for The River of Stories. These opportunities are an integral part of our Ad Astra literacy strategy.

Mr Denis Haynes
Head Teacher English

YEAR 9 VOLUNTEERING UPDATE
88.5% participation; 3228 total validated hours; 96 certificates issued: 61 Bronze, 24 Silver, 7 Gold and 4 Diamond. Please help your child to get those out-of-school hours logged so those who are so close to Bronze can receive their certificates before the end of term.

Ms Katia Bertazzo
Science Teacher and Volunteer Coordinator

YEAR 11 AWARDS AT ASSESSMENT
The following students received Awards for effort and/ or excellence in class:

AUGUSTYN, Tia  English Studies & Hospitality Specialisation
BARKER, Christine  Food Technology
BERKEL, Ebony  Hospitality Studies
CHU, Melanie  Japanese
COSSOR, Katie  Visual Arts
DOUGHERTY, Beth  French Continuers
DUCK, Harry  Mathematics
EDGAR, Sophie  Advanced English
EDWARDS, Holly  Japanese
ELLIS, Courtney  Chemistry
HODGSON, Ellie  PDHPE
JOHNSON, Bridget  English & Drama
JOHNSTONE, Declan  English
JONES, Annabelle  Geography
JORGENSEN, Katja  Music & Earth & Environmental Science
KAPOOR, Dhruv  Advanced English & Economics
KUMAR, Ritesh  Mathematics
MAGINNITY, Georgia  Ancient History
MASON, Courtney  Business Studies & PDHPE
McCULLOCH, Claudia  Mathematics & Economics
McGRATH, Connor  Mathematics
McINNES, Gabi  Work Studies
McINTOSH, Emily  Business Studies
MITCHELL, Grace  Legal Studies
MOSCOL, David  French Beginners
O’NEILL, Liam  Ancient History, Chemistry & PDHPE
PERRY, Will  German Continuers
POUDEL, Sita  English, Senior Science & Hospitality Kitchen Operations
PUMPA, Jessica  Agriculture
REID, Milla  English, Mathematics & Society & Culture
REID, Quinn  Mathematics
RENNIE, Layne  Modern History, PDHPE & Community Studies
ROLLAND, Salome  German Beginners
SENSOMBOUM, Amy  Society & Culture
SETH, Georgia  Mathematics
SHAW, Flynn  Extension English
SIEVER, Miriam  Biology
SIMPKIN, Lachlan  English
SISOUK, Karina  English, Mathematics & Legal Studies
SMITHS, Katy  Textiles & Design
STEFANOU, Madelene  Ancient History & Biology
UPSHALL, Angus  English & Software Design & Development
WILLIAMS, Rebecca  English

FARM SALES
Fresh seasonal fruit and vegetables along with free range eggs (subject to availability) are for sale from our school farm.
Cash sales can be made between the hours of 8.30am and 12noon at the farm gate near the oval.

Mrs Tracey Lee
Agriculture

TERM 4

WEEK 5
Wednesday 4th November  Year 7 2016 Family Night 7:30pm in the Hall

WEEK 6
Monday 9th November  Year 10 Exams commence
Tuesday 10th November  Year 12 Graduation 11:30 in the Hall
Wednesday 11th November  Year 12 Graduation Ball

COMING EVENTS
SPORTING NEWS

PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

PHYSICAL ACTIVITY & SPORTS STUDIES

PRACTICAL LESSONS AND VALUABLES

During Physical Education lessons it is not practical or appropriate for students to carry valuables with them. We can have up to 150 students involved in Physical Education and/or Physical Activity and Sports Studies lessons at any one time. Although due care is taken to lock change rooms during lessons, this is NOT a completely safe method of storing valuables. For example, some classes might return two or three minutes earlier than others to get changed.

We encourage students to hand in valuables to their PE teacher for storage in our storeroom safe. We supervise the collection of these valuables at the end of the lesson. Although we would prefer that students do not bring valuables to school at all, we understand that this is sometimes necessary.

So that we can promptly and accurately return students valuables, particularly mobile phones and iPods, we ask that students place them in a labelled zip lock bag. Valuables that are not in a labelled zip lock bag will not be accepted by staff or placed into the storeroom safe (wallets with card identification will be the exception).

During Sport afternoon, students will either keep their valuables nearby and in sight or their teacher will lock their bags in a classroom for the afternoon. This will be at the discretion of the teacher in charge of that activity.

The Department of Education does not insure student or teacher valuables at school and therefore students bring them to school at their own risk.

Mr Greg King
Head Teacher, PDHPE

P&C NEWS

CAN YOU HELP?

The canteen needs more volunteers. As a canteen volunteer I can assure you the task is NOT arduous nor time consuming.

**Commitment:**
As little as 40mins once a fortnight or month.
The days & hours
Mon, Wed, Thurs, Fri - 12:00 to 12:30 pm
Tues – 12:40 to 1:00pm

**Tasks:**
Some prep work e.g. toasting wraps.
Serving on counter – giving food & drinks to students. **NO money handling.**
Washing Dishes – **Only if you want to.**

If you CAN HELP, please contact Betty or Sharon in the canteen on 6021 1730.